I Feel Happy When...

Either by yourself or with an adult, write or color some things that make you happy!

1. While playing outside, I feel happy when...

2. 

3. 

While spending time with friends or family, I feel happy when...

1. 

2. 

3. 

Draw/write 3 more things that make me feel happy:

1. 

2. 

3. 

ZUMBRO VALLEY HEALTH CENTER