

Intensive Residential Treatment Services (IRTS)



Available to **Bachelor and Master's level students** in the behavioral health field.

As an intern, you will gain valuable, hands-on experience supporting individuals with complex mental health needs in a structured, skills-based environment, while working closely with a multidisciplinary treatment team, including licensed mental health professionals, mental health practitioners, mental health rehab workers, a registered nurse, and administrative staff.

Additional Focuses:

Bachelor's Level Interns

- Developing communication and behavioral observation skills.
- Supporting recreational and skills-based groups.
- Completing rehabilitation progress notes.
- Co-facilitating a skills-based group.
- Gaining exposure to clinical documentation and interdisciplinary team roles.

Master's Level Interns

- Conduct evaluations and assist with treatment planning.
- Co-facilitate evidence-based groups.
- Carry a small caseload (1-2 clients), including documentation, team meeting facilitation, one-on-one sessions, and discharge planning under supervision.

Opportunities:

Client Interaction

Engage with residents in daily activities and programs, building rapport and modeling healthy coping strategies in a supportive, recovery-focused setting.

Collaborative Care

Work with a multidisciplinary team of professionals to provide integrated care and participate in case reviews to discuss treatment progress and challenges.

Group Facilitation

Assist psychoeducational, skills-based, or recreational groups based on your education and supervision guidelines.

Case Support

Shadow and aid counselors with assessments, treatment planning, and care coordination.

Documentation

Learn and support documentation practices, including progress and group notes, under supervision.

Crisis Support

Observe trained behavioral crisis management and apply de-escalation techniques as appropriate within your role.

Professional Development

Participate in team meetings, trainings, and supervision sessions to deepen understanding of residential care and behavioral health.

Questions?

Contact Human Resources at 507.289.2089 or careers@zvhc.org.