

# Children's Community Support Programs



Available to **Bachelor level students** in the mental health field.

**As an intern, you will gain hands-on experience providing youth with person-centered, family-focused, and community-based support.**

Engaging in children's therapeutic services and supports and comprehensive mental health and targeted case management programs for youth and families, you'll learn and grow in a collaborative, multidisciplinary setting.

Through real-world experience, you'll build practical skills and gain meaningful insight into the broader community mental health system while helping strengthen family well-being.

## **Skills Developed:**

**Client Communication**

**Treatment Knowledge**

**Community Involvement & Networking**

**Crisis Management & Harm Reduction**

**Problem-Solving**

## **Opportunities:**

### **Client Intakes & Assessments**

Assist with client intake and conduct assessments (DLA Functional and LOCUS) to evaluate youth's functional abilities, mental health, and opportunities for growth.

### **Collaborative Care**

Work closely with multidisciplinary team members to deliver mental health rehabilitative skills training through individual, group, and family sessions.

### **Integrated Treatment Planning**

Collaborate with professionals to develop and adjust individualized treatment plans that support the child's mental health and goals.

### **Group Creation & Facilitation**

Gain hands-on experience in creating and leading groups for rehabilitative purposes.

### **Community Networking & Resource Coordination**

Build connections and assist families in accessing vital community resources such as housing, public benefits, employment, protection, and social security services.

### **Crisis Management & Support**

Assist in responding to mental health crises, learning to assess risks and provide timely interventions to support safety and stabilization.

### **Documentation and Compliance**

Ensure accurate and compliant documentation of client interactions and treatment progress in electronic health records, following HIPAA and clinic standards.

## **Questions?**

Contact Human Resources at 507.289.2089 or [careers@zvhc.org](mailto:careers@zvhc.org).